



January 3, 2023
COVID-19 UPDATE

Mitigating the Risk of COVID-19
#ProtectTheNest

The Community Risk Level of COVID-19 in Taylor County is now **High**.

Since March 2020, McMurry has followed and will continue to follow CDC Recommended Guidelines to help us **#ProtectTheNest**. Currently, the **CDC High-Risk Protocols** include:

- Wear a high-quality **mask or respirator** (e.g., N95) when indoors in public
- If you have household or social contact with someone at high risk for getting very sick, consider self-testing to detect infection before contact, and consider wearing a high-quality mask when indoors with them

The CDC recommendations on COVID-19 vaccinations can be found **here**.

Exposure or Symptoms

If you have been exposed or have symptoms, please let Nurse Brenda know using the link below. She is here to support you and provide information on your return to campus. She can also be reached by phone at (325) 793-4857 or by email at johnson.brenda@mcm.edu.

Please use this link below to report symptoms or exposure.

COVID SYMPTOMS REPORTING AND EXPOSURE

COVID-19 Symptoms

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If you have personal concerns, email CampusSafety@mcm.edu with your phone number, and someone will follow up.

